

MEDICAL

Primary Care

Our primary care team is here to partner with you in all of your health needs including:

- Management of chronic/acute diseases
- Coordinating health care in one place
- Preventive care
- Physicals
- Wound care
- Immunizations
- Physicals
- DOT exams
- TB screening
- EKG
- Home visits

Urgent Care

Always call 911 for life-threatening emergencies

Urgent care provides convenient, immediate access to medical care as a better choice over the emergency room for non-life-threatening healthcare needs.

Mary Bridge Urgent Care (children only)

3504 12th Avenue NE, Olympia, WA 98506
(360) 252-3801

WestCare Clinic

3000 Limited Lane NW, Olympia, WA 98502
(360) 357-9392

Tumwater Walk-in Clinic

150 Dennis Street SW, Tumwater, WA 98501
(360) 918-0185

Minor patients continued

When an un-enrolled person is 19 years or older, their eligibility will change to Direct Care only, unless Tribal enrollment is established. Per I.H.S. regulations, adults (anyone over the age of 18) need to establish their own health care application in order to continue to receive services.

Contact Us

Phone: (360) 459-5312 Fax: (360) 456-1557
4816 She-Nah-Num Dr SE Olympia, WA 98513

Hours of Operation

Monday, Tuesday, Thursday, Friday

8:00 a.m.–5:00 p.m.
Closed for lunch from noon–1:00 pm

Wednesday

11:00 a.m.–8:00 p.m.
Closed for lunch from 3:00–4:00 p.m.

NISQUALLY TRIBAL HEALTH DEPARTMENT

4816 She-Nah-Num Drive SE, Olympia, WA 98513

Phone: (360) 459-5312

Online: www.nisquallyhealth.org



MEDICAL

NISQUALLY TRIBAL HEALTH DEPARTMENT

Primary Care Providers

Dr. Alison Spencer, M.D.



Dr. “Addie” Spencer joined the Health Department staff in 2008. She is a board certified family physician and enjoys working with people of all ages -- from newborns to Elders. Her belief is that health care is most successful when the doctor and patient work together as a team.

She is always ready to share her

knowledge to help people reach their healthy goals. Dr. Addie grew up the youngest of four kids in Massachusetts and went to medical school in New York City. She and her husband moved to Tacoma in 1996 for her to complete her residency training at Tacoma General/Mary Bridge Hospitals. Before coming to work for the Tribe, she worked at two different community health centers where she learned a lot about the importance of quality primary care for people of all ages and income levels. When not working, Dr. Addie likes to swim, garden or read with her two kids.

John Chiu, PA-C



John Chiu joined the Health Department staff at the end of 2003. He obtained his undergraduate degree here in Washington State, at the University of Washington. He traveled to Pennsylvania where he went to school to become a physician assistant and received his professional degree from St. Francis

University. He is board certified in primary care, but spent his

first few years professionally in the urgent care setting. He is married with two kids; but the kids are getting older and don’t like to hang out with their old dad as much anymore. When it comes to individual health, he believes in adhering to the basics and essentials, especially for American Indians, the only citizens of the United States who are born with a legal right to health care.

Elizabeth Siegel, ARNP



Elizabeth Siegel joined the Health Department in 1990 and was the original medical provider at the clinic when it opened. She began her health care career working as a nursing assistant while going to school to become a registered nurse. After graduating from nursing school in 1984, she worked for several

years in the hospital as an obstetrical nurse. She decided that she wanted leave the hospital, so she went back to school to become a nurse practitioner, graduating in 1988 from University of Washington. Immediately following graduation, she worked for 1 ½ years at Pacific Lutheran University in the student health clinic, and then accepted a position here at the Nisqually Tribe in the health clinic where she has worked for the last 13 years. . Elizabeth lives here in Olympia with her husband and daughter; she also has a son who is now at University of Washington. For fun she likes to play the violin, and spend time bicycling and hiking.

MINOR PATIENTS

Minor patients seeking healthcare must be accompanied by a parent or legal guardian. If a parent or legal guardian is not present, the minor patient must be accompanied by an adult and provide written authorization from a parent or guardian before they can receive care.

There are certain exceptions when an unaccompanied minor may receive care:

- A minor patient 13 years or older may consent to outpatient treatment for mental health substance abuse issues of drugs and alcohol.
- A minor patient 14 years or older may consent to outpatient treatment of sexually transmitted diseases without parental knowledge or consent.
- A minor patient, regardless of age, may consent to birth control or pregnancy-related care.
- Emancipated minors (those who have received a court order stating their legal independence) may consent for their own treatment.
- If you wish to be seen for diagnosis or treatment of one of these conditions, please let the appointment scheduler know when you make your appointment, and communicate this with your provider.

What to do when minors become of age:

Non-enrolled members of a federally recognized tribe may be seen at Nisqually Tribal Health Clinic up until the age of 19. This allows a year for the child to be enrolled as a member of a federally-recognized tribe before medical benefits expire. After the age of 19, an un-enrolled person can no longer use ancestry through their enrolled parent for their Contract Health eligibility.

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